



<http://www.zero2020energy.com/#!/home/mainPage>

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## ***Aim:***

***A low energy building retrofit to act as an educational tool for College and Industry***

*In education, many lecturers teach from textbooks. At CIT we deliver theory but we use demonstration to improve learning outcomes and enhance the learners experience. However if you give the student the ability to participate in his own project or research the experience becomes rich and the learning embedded.*

*The Zero2020 project has been created to facilitate learning.*

***Tell me and I will forget,  
Show me and I will  
remember,  
Involve me and I will  
understand***





## What is the zero2020 testbed?

- A net zero energy retrofit testbed
- produces as much energy as it consumes.
- 250m<sup>2</sup> pilot project upgrade
- 20,000m<sup>2</sup> building (A/V ratio 0.23)

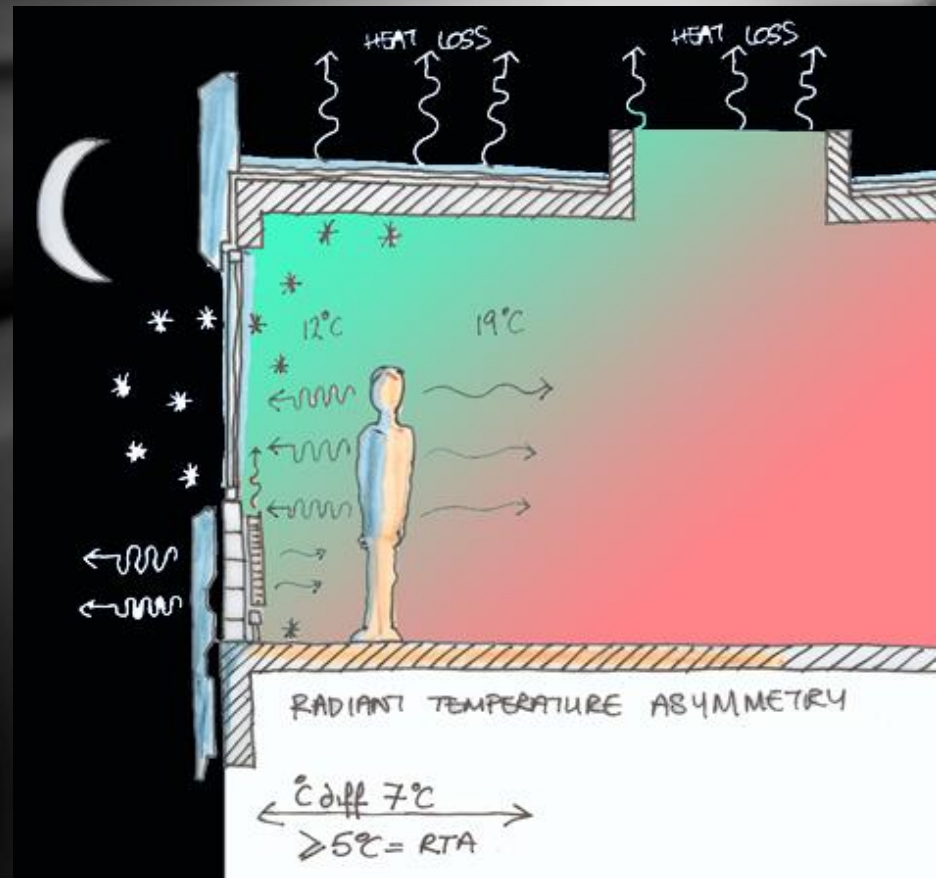
## Is it currently net zero energy?

- No
- Limited to fabric & services upgrade,
- internal fitout and data metering/logging
- 12-24 months data logging
- renewable energy systems installed

## Is it PassivHaus EnerPhit certified?

No. the original target was an upgrade to satisfy the CIT masterplan brief. It is very close to EnerPhit standards.

## Existing 1974 Building

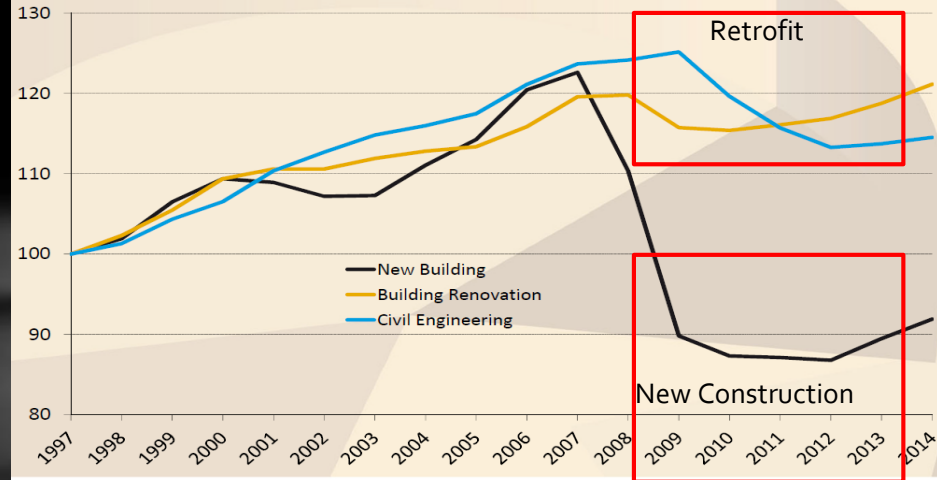




## EU & Sector Outlook

- **EPBD 2010 target to have nZEB public buildings by 2018**
- **Construction sector has fallen for the 62<sup>nd</sup> consecutive month**-Ulster Bank (PMI).
- **Retrofitting expected to be a key growth area**-DKM Economic Consultants 2012
- **76% of new builds go passive or near passive**

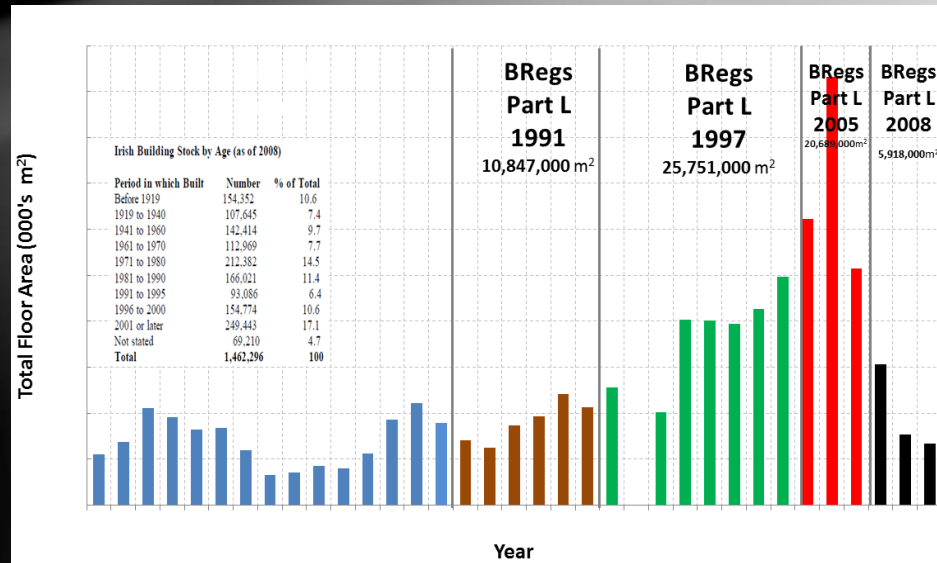
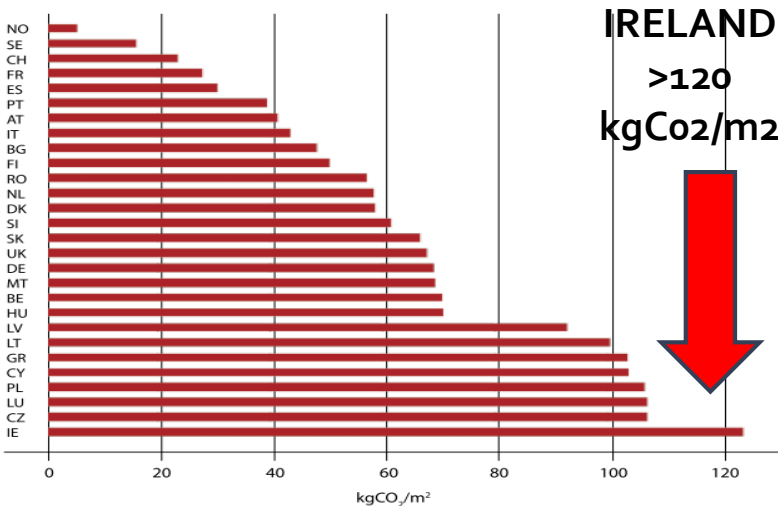
### European construction market index 1997=100



European construction outlook to 2014 – Eurofer, 8th December 2011

Figure 1C2 – CO<sub>2</sub> emission per useful floor area

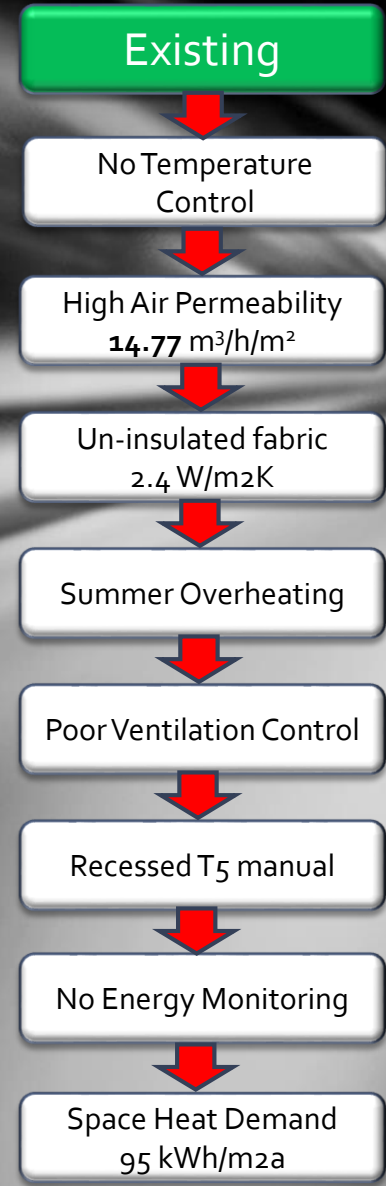
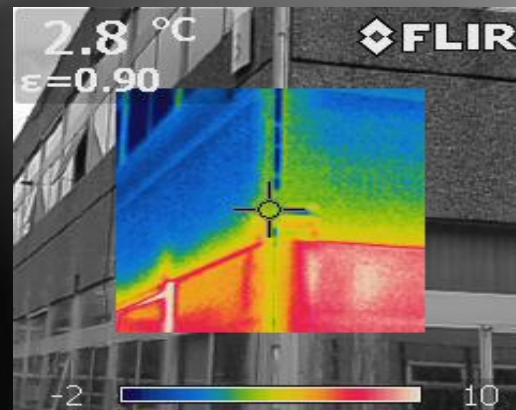
Source: BPiE survey, Eurostat database





# CIT - 1974 Pre Retrofit Space

What do we do in practice?  
We finish we leave.....





## Constraints on execution of the project

- Phasing – academic calendar
- Live construction – safety, timing
- Maintenance – applied renders
- Occupation – relocation of users
- Master plan – limited aesthetic



Carlow & CIT aesthetic target 2011

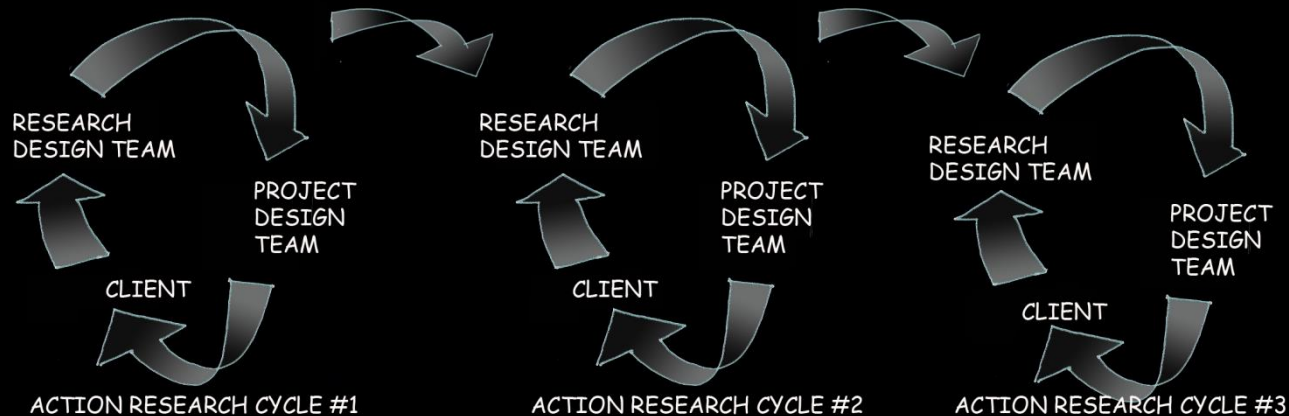


CIT Masterplan 2012



## Design Process

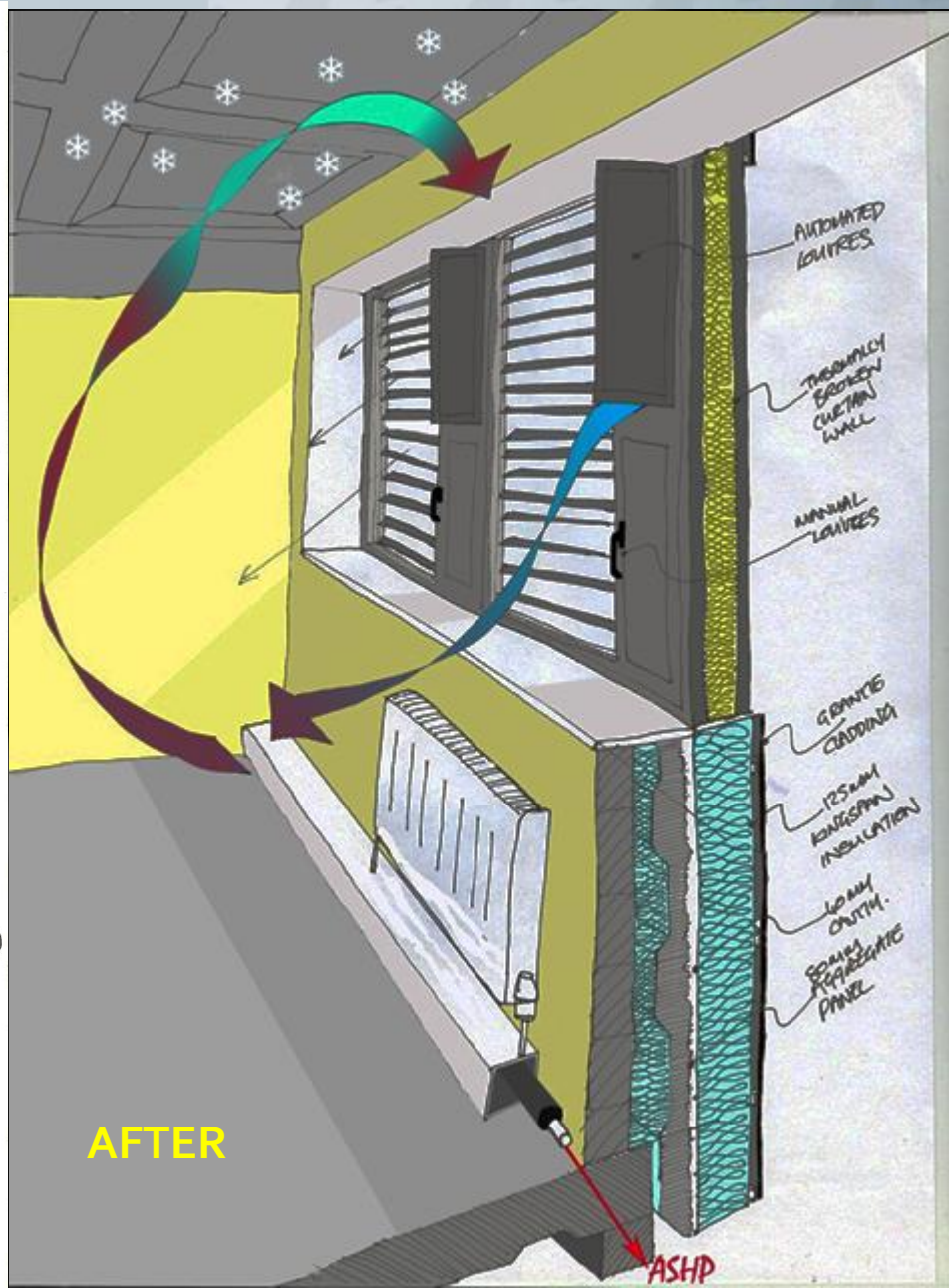
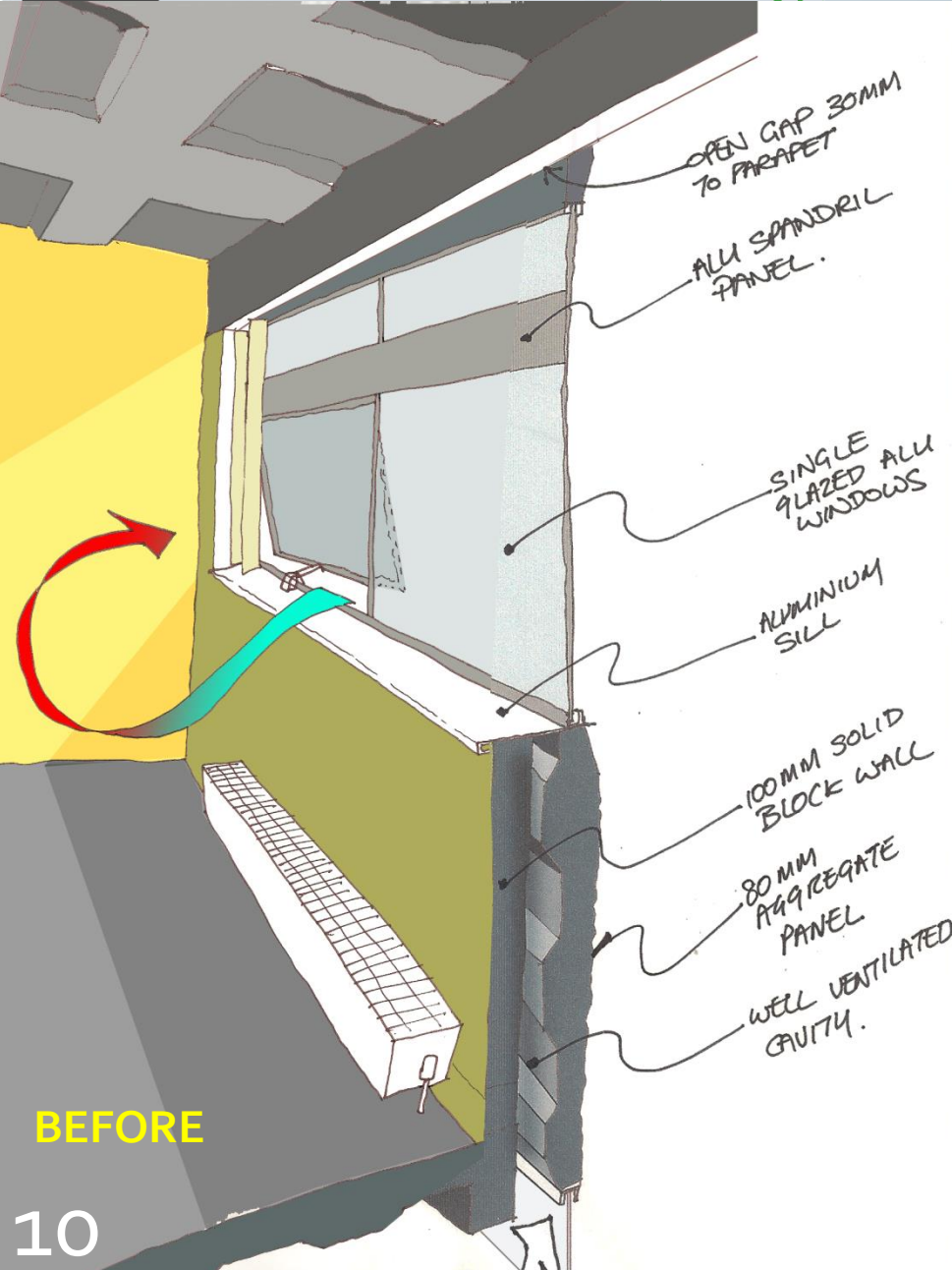
- Brainstorming – Design *charrette*
- 11/11 – 20/20
- **Project structure:**
- Client
- Research Design Team
- Project Design Team
- Construction Team
- Energy Champions
- & A thorn in the side





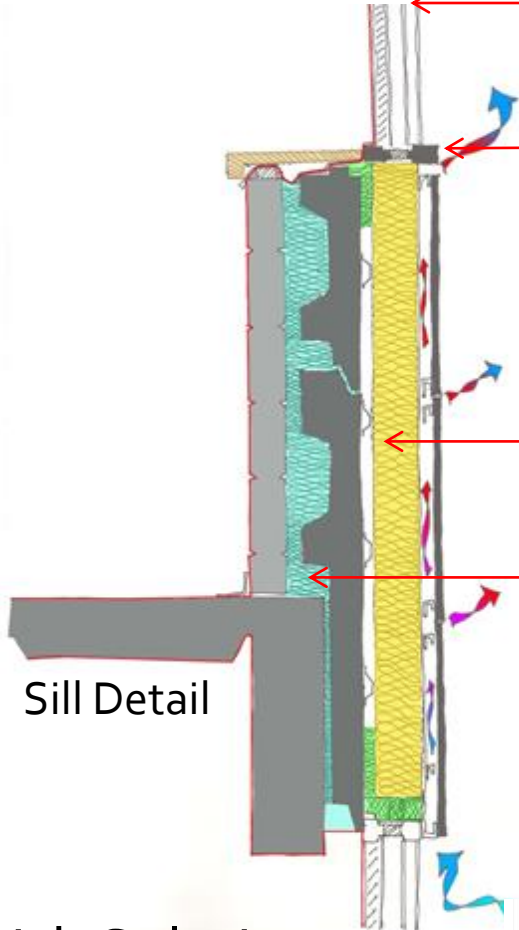
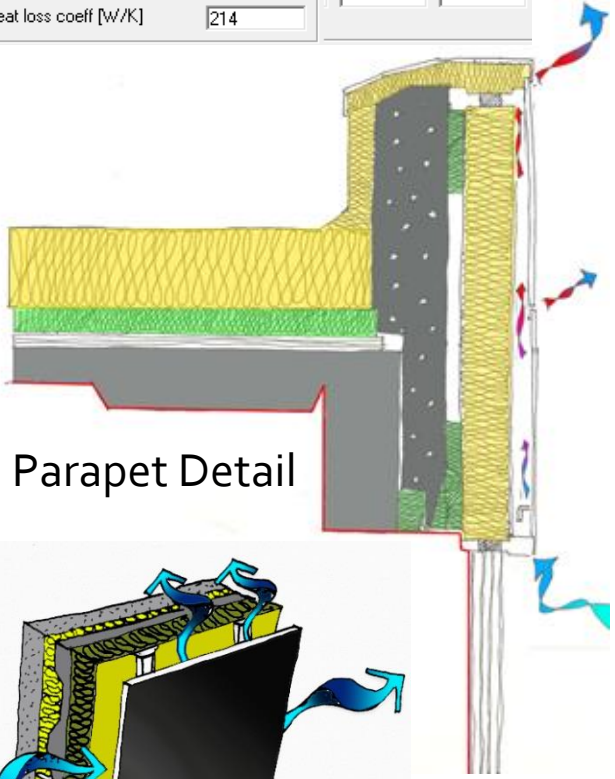
**So, how do we  
achieve the  
target?**



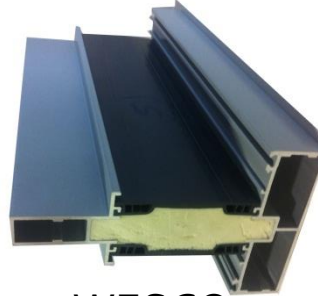




Elements		
Name	Area [m <sup>2</sup> ]	U-value [W/m <sup>2</sup> K]
Roof	233.0	0.09
Main External Wall Upper	65.7	0.17
Main External Wall	88.6	0.10
Windows	162.0	1.03
Main External Wall Ground floor	54.0	0.10
Results for whole building		
Average U-value [W/m <sup>2</sup> K]	0.36	
Envelope area [m <sup>2</sup> ]	603.3	
Heat loss coeff [W/K]	214	



AMS Architectural & Metal Systems

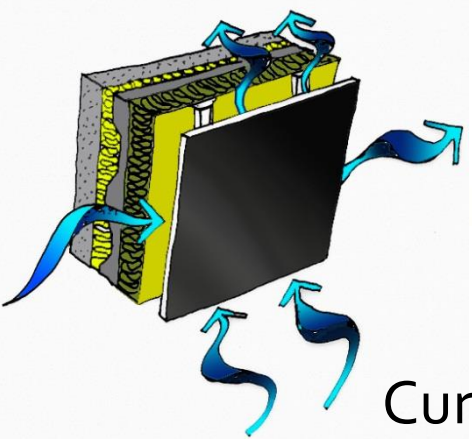


WESCO

Kingspan  
Insulation



AFTER MUCH DISCUSSION,  
PHENOLIC FOAM IS USED TO  
INSULATE EXISTING CAVITY  
AND IMPROVE AIR TIGHTNESS

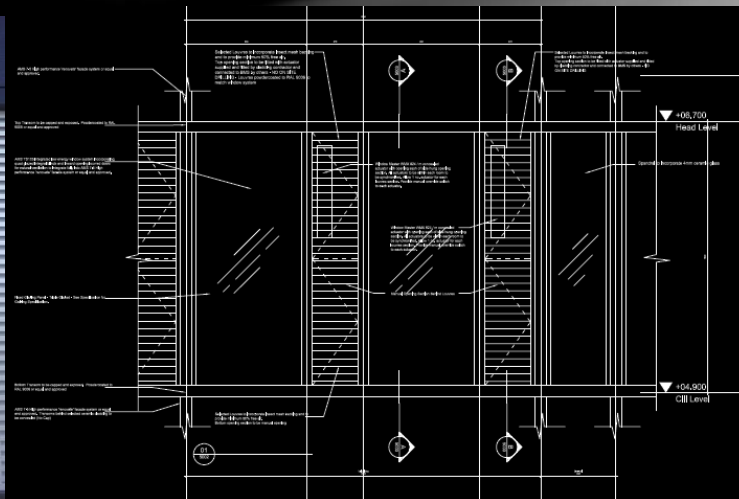
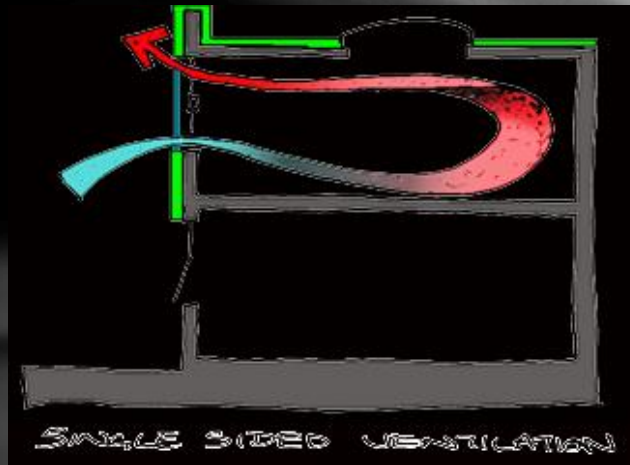
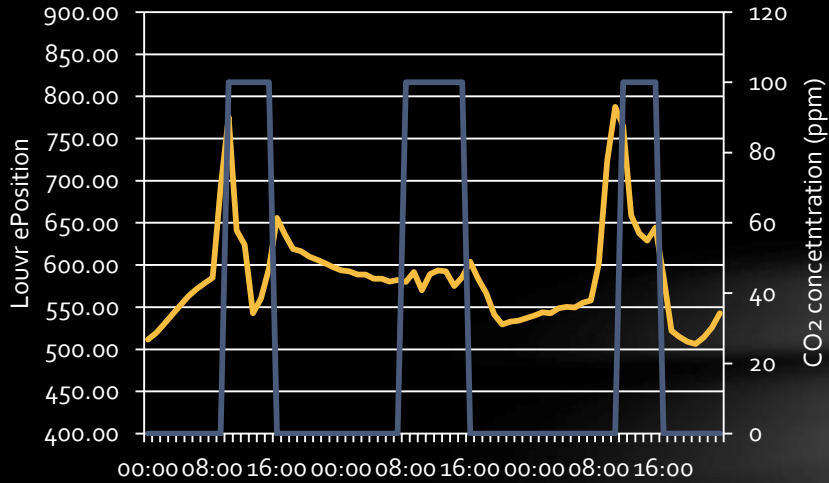


WALLTITE  
Eco





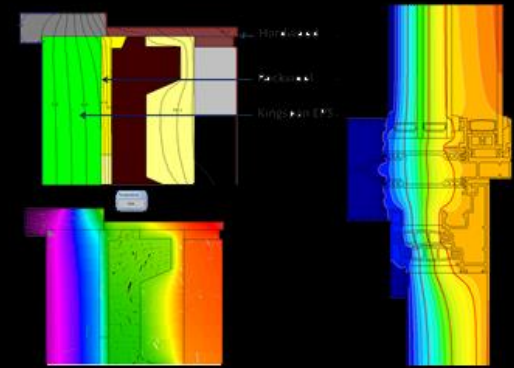
CO2 concentration Vs Ventilation Louvre Position





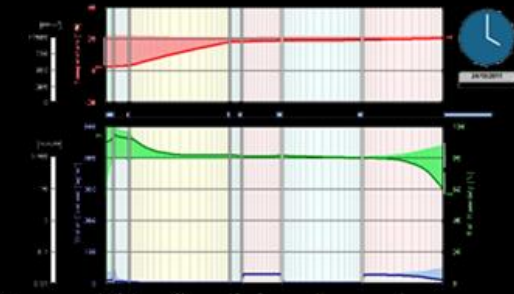
## Simulation Testing-Therm 5

- In detail Therm 5 offered the researchers a simulation methodology for testing a variety of details
- Here the sill junction is tested with and without cavity insulation to assess thermal bridge and mould risk
- The simulations were time demanding but critical to the performance.
- The design team feel that further improvements can be found in the future roll out to reduce parapet and roof light thermal bridges in particular
- This challenged the project design team to a greater attention to detail than they had possibly previously encountered.

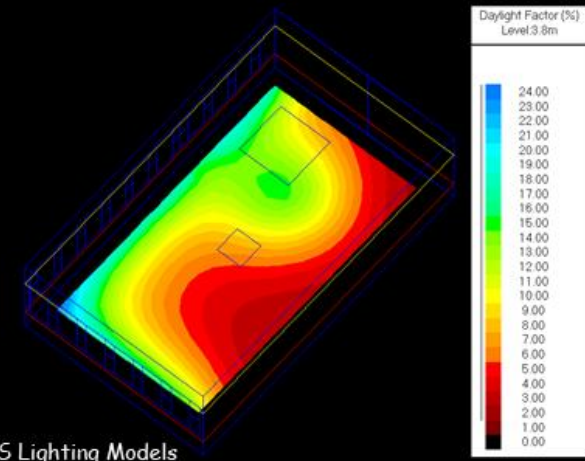


SILL Detail in Therm

Window Section



WuFi Hygroscopic transfer



IES Lighting Models



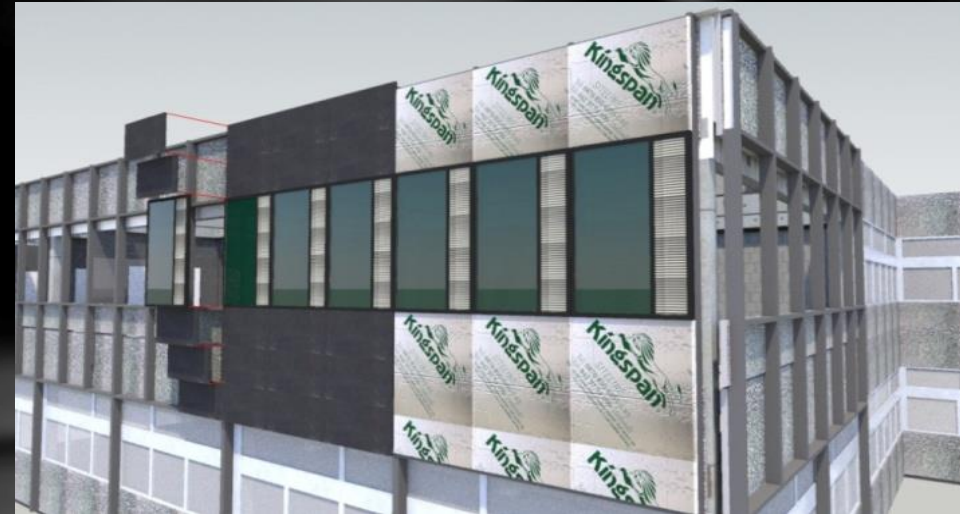
## Design Solution

### Existing Energy Performance

- Av. U-Value = 2.4 W/m<sup>2</sup>K
- Air infiltration 14.77 m<sup>3</sup>/hr/m<sup>2</sup>
- Glazing ratio 1:3
- Mould Growth
- No thermal Control
- Erratic temperature fluctuations

### Design Energy Performance

- Av. U-Value = 0.36w/m<sup>2</sup>K
- Air infiltration 1.76 m<sup>3</sup>/hr/m<sup>2</sup> @ 50Pa
- Glazing ratio 1:4
- Ug= 0.6w/m<sup>2</sup>K
- G Factors- 0.61 & 0.34(excluding blinds)
- Co<sub>2</sub> average 500-1000ppm





# Data available with Education & Research Potential

## DATA COLLECTION AREAS

1. Environmental Parameters
2. Metering of Energy Data
3. Zero2020 Weather Station

(1.5m+ data-points logged annually)

## ZERO2020 AS A RETROFIT TESTBED

1. 'live lab' approach
2. Fully adaptable flexibility with users
3. 'plug and play' capability with systems
4. Industry collaboration 'in use' testing

Hanwell Radiolog - Protected Mode

File Logs Mode System Reporting E-Alarm SMS-Alarm Tools Help

17/Sep/2012 10:52

Project Zero 2020

No.	Name	Status	Type	Channel 1	Channel 2	Channel 3
180	Secretary Office	●	(C),(RH%)	22.0	61.2	
181	CAMMS Managers Office	●	(C),(RH%)	20.9	46.2	
182	CAMMS Training	●	(C),(RH%)	19.5	48.4	
183	Medic Room	●	(C),(RH%)	21.1	43.9	
184	Conference Room	●	(C),(RH%)	20.6	61.2	
185	Floor Slab Bottom / Floor Slab Top	●	(C),(C)	20.2	20.4	
186	Medic East Wall Internal / Lab	●	(C),(C)	21.1	20.7	
187	Medic North Wall / CAMMS Wall	●	(C),(C)	20.7	20.8	
188	Medic South Wall Internal / Medic South Glass Internal	●	(C),(C)	20.6	22.9	
189	Medic West Wall Internal / Medic West Glass Internal	●	(C),(C)	20.7	21.6	
190	Roof Slab Edge / Roof Slab Middle	●	(C),(C)	22.5	22.5	
191	Medic West Wall External / Medic West Glass External	●	(C),(C)	15.2	14.5	
200	Medic South Wall External / Medic South Glass External	●	(C),(C)	23.4	22.5	
201	Medic Room T/CO2/RH	●	(C),CO2 (ppm),(RH%)	22.1	605.0	41.9
160	Medic South Wall IS1/IS2	●	(C),(C)	20.3	20.6	
163	Medic South Wall IS3/IA4	●	(C),(C)	20.5	20.4	
162	Medic West Wall IS1/IS2	●	(C),(C)	20.5	20.6	
165	Medic West Wall IS3/IA1	●	(C),(C)	19.8	20.4	
164	Conference North Wall IS1/IS2	●	(C),(C)	20.4	20.1	
161	Conference North Wall IS3/IA1	●	(C),(C)	19.6	19.7	
168	MEDIC South Wall IS4	●	(C),(C)	N/A	20.3	
167	MEDIC West Wall IS4	●	(C),(C)	N/A	15.7	
166	Conference Room North Wall IS4	●	(C),(C)	N/A	16.1	

C:\Radiolog\.....\Local\Cork Inst of technology\y8 Dual Thermistor

Hanwell data logging system screen dump



Wireless data loggers



## Energy Use Metrics

### Calculated Thermal Energy Use

(kWh/m<sup>2</sup>/yr) @ 20°C setpoint temp

**235** Existing 1974 Building

**70** 2008 Part L compliance Retrofit

**24** Zero2020 retrofit

### Actual Electrical Energy Use

(kWh/m<sup>2</sup>/yr) metered values

**90** Existing 1974 Building

**55** Existing B-block

**58** Zero2020 retrofit

### Existing Metered Thermal Energy Use

**95 kWh/m<sup>2</sup>/yr (based on 2011)**

Electrical energy use data for zero2020 based on 1 week data only and extrapolated.

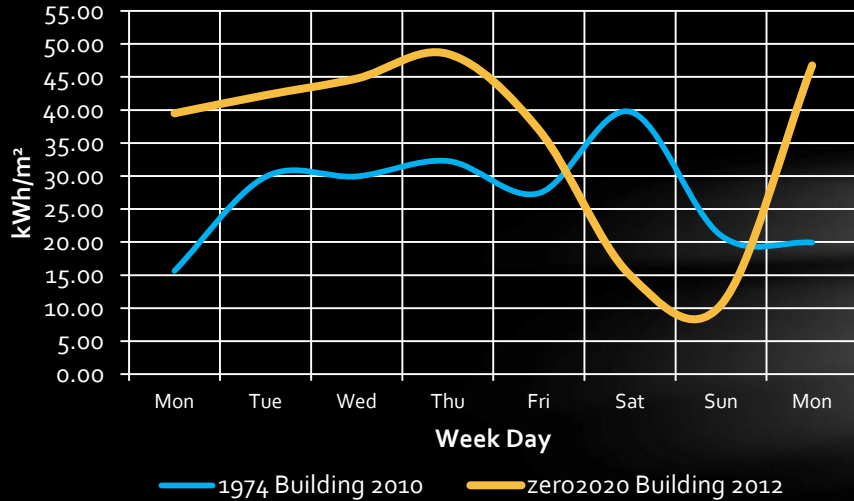
Thermal energy Values in kWh/m<sup>2</sup>/yr, delivered energy & estimated based on degree day analysis and building geometries

Electrical energy values in kWh/m<sup>2</sup>/yr and based on metered energy at CIT and zero2020

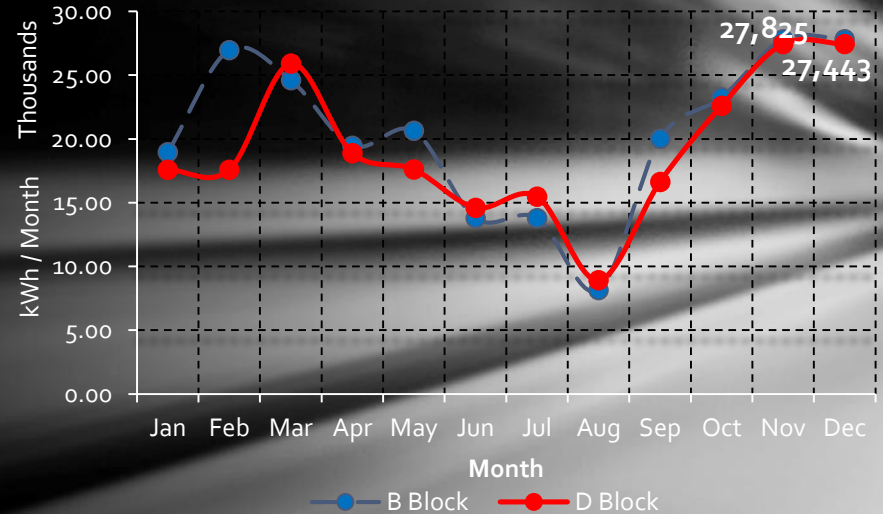


# zero2020 Electrical Energy Consumption – Initial Data

kWhe/m<sup>2</sup> For a typical September 7 Day week Pre & Post Retrofit(2010 Vs 2012)



2010 Electrical Energy Consumption Data (kWh/m<sup>2</sup>/month)



## Existing Building Statistics 2010

<b>B- Block</b>	<b>55.31</b>	<b>kWh/m<sup>2</sup>/yr</b>
C-Block	100.38	kWh/m <sup>2</sup> /yr
C-Block	139.77	kWh/m <sup>2</sup> /yr
D-Block	66.40	kWh/m <sup>2</sup> /yr

Building Ave 90.46 kWh/m<sup>2</sup>/yr

**zero 2020 58.00 kWh/m<sup>2</sup>/yr**





## Dynamic Thermal Characteristics of the structure

PRE RETROFIT		TRANSMITTANCE		ADMITTANCE/CAPACITANCE			Temp DAMPENING	
element	Area	U-Value	UA	Y-Value	AY	time lead	f	time lag/lead
-	(m <sup>2</sup> )	(W/m <sup>2</sup> K)	(W/K)	(W/m <sup>2</sup> K)	W/K	h		h
Ext Wall	4.95	0.88	4.36	5.88	29.11	1.41	0.49	5.38
Ext Window	4.12	6.00	24.72	0	0.00	0.00	0	0.00
Ext Frame	0.98	2	1.95	0	0.00	0.00	0	0
Ext Roof	12.90	1.02	13.09	2.6	33.54	0.96	0.24	6.29

**Admittance** is a measure of heat storage capability based on deviation about mean surface temp. **LITTLE CHANGE**

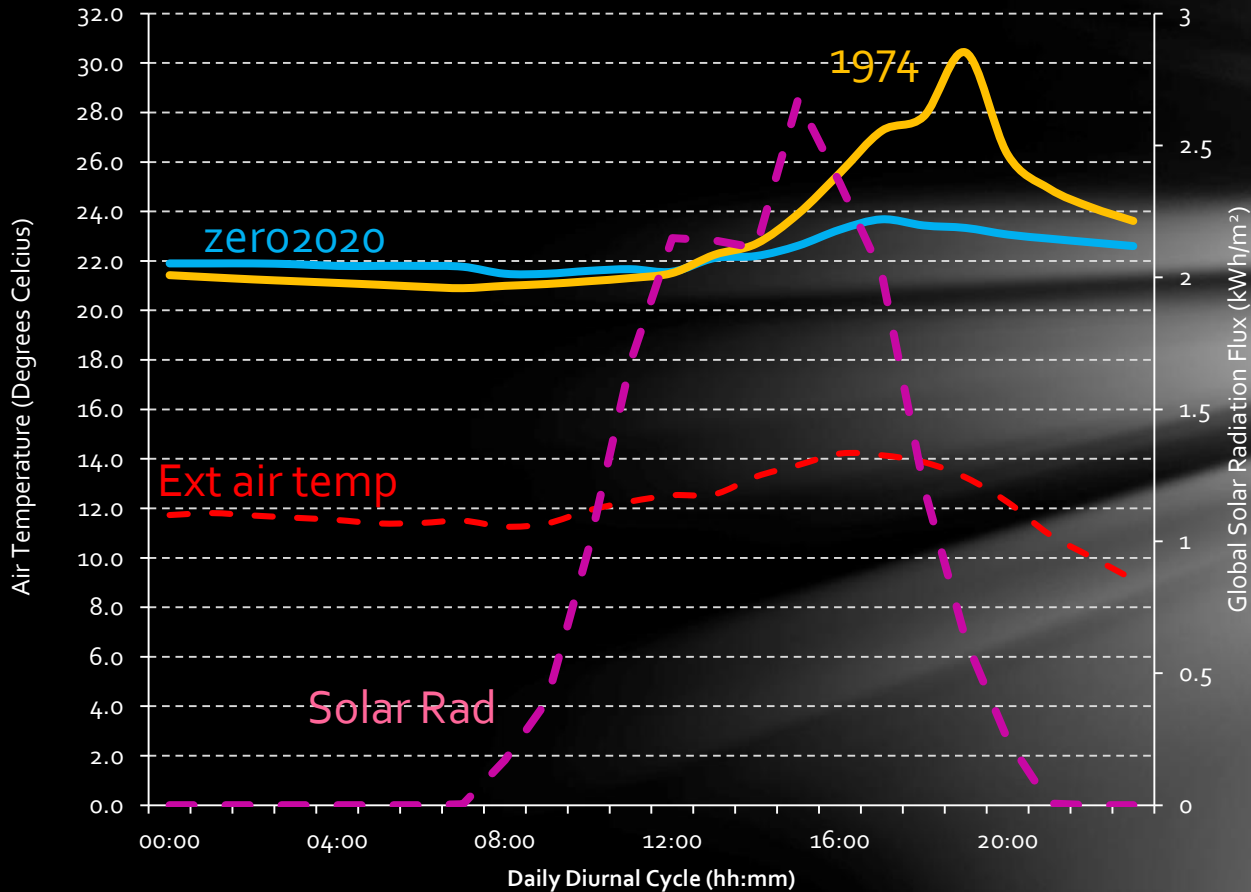
POST RETROFIT		TRANSMITTANCE		ADMITTANCE/CAPACITANCE			Temp DAMPENING	
element	Area	U-Value	UA	Y-Value	AY	time lead	f	time lag/lead
-	(m <sup>2</sup> )	(W/m <sup>2</sup> K)	(W/K)	(W/m <sup>2</sup> K)	W/K	h		h
Ext Wall	4.95	0.15	0.72	5.78	28.61	1.34	0.04	12.78
Ext Louvre	1.35	0.36	0.49	1.09	1.47	0.04	1.00	0.03
Ext Window	2.88	1.00	2.88	0	0.00	0.00	0	0.00
Ext Frame	0.00	2	0.00	0	0.00	0.00	0	0
Ext Roof	12.90	0.11	1.42	2.61	33.67	0.94	0.09	11.29

**Dampening** is a characteristic that represents the ability of the material to reduce the temperature signal amplitude from outside to inside. **SUBSTANTIAL CHANGE**



# Initial Environmental Data Findings – Sample 24hr cycle (4<sup>th</sup> Sept '12)

Internal Air Temp (1974 & zero2020) & Weather Data 4th Sept 2012



- Consider 4<sup>th</sup> Sept 2012:
- Similar minimum internal  $T_{air}$  values both spaces
  - 6.9°C difference in maximum diurnal values
  - Peak conditions occur outside occupied hours for both spaces
  - Peak solar radiation at 15:00 (solar azimuth & altitude)
  - Zero2020 diurnal temp deviation about mean = 1.4°C
  - 1974 diurnal temp deviation about mean = 7.3°C

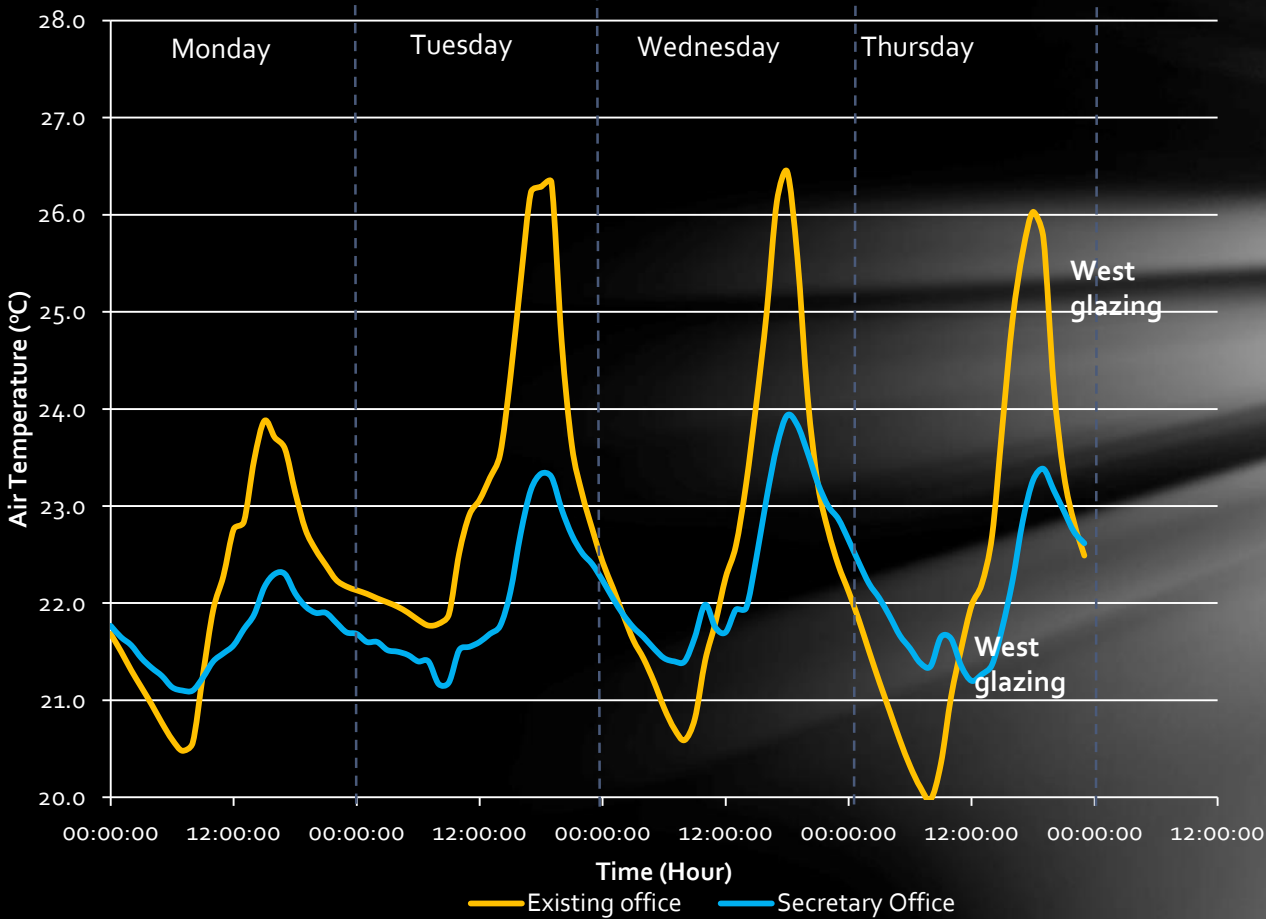
zero2020		
$T_{air}$ minimum (diurnal)	21.5°C	8:00
$T_{air}$ maximum (diurnal)	23.7°C	17:00

1974 Space		
$T_{air}$ minimum (diurnal)	20.9°C	7:00
$T_{air}$ maximum (diurnal)	30.4°C	19:00



## Initial Environmental Data Findings – Sample 3<sup>rd</sup> - 6<sup>th</sup> Sept '12)

Comparison of room air temperature for existing office and Zero2020 office



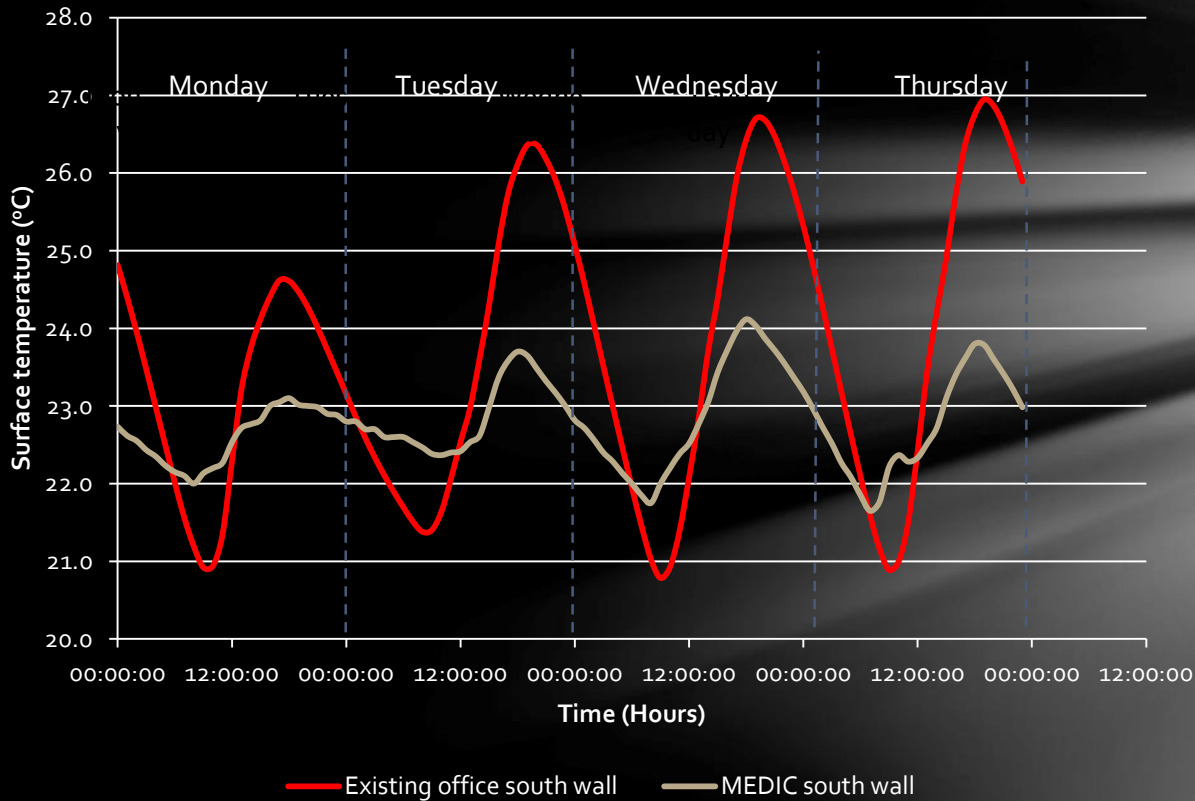
### Summary points

- Substantial variation in temperature distribution between pre and post retrofit spaces
- Peak temperature occurring around the same time in both spaces (no major increase in the time lag with new design)
- Conditions uncomfortable in existing space during the occupied period
- Transient effect on conditions over continuous period of warm days
- Temperatures staying above 20°C at all times in both spaces



## Initial Environmental Data Findings – Sample 3<sup>rd</sup> - 6<sup>th</sup> Sept '12)

South wall internal surface temperature for existing office and Zero2020 MEDIC room



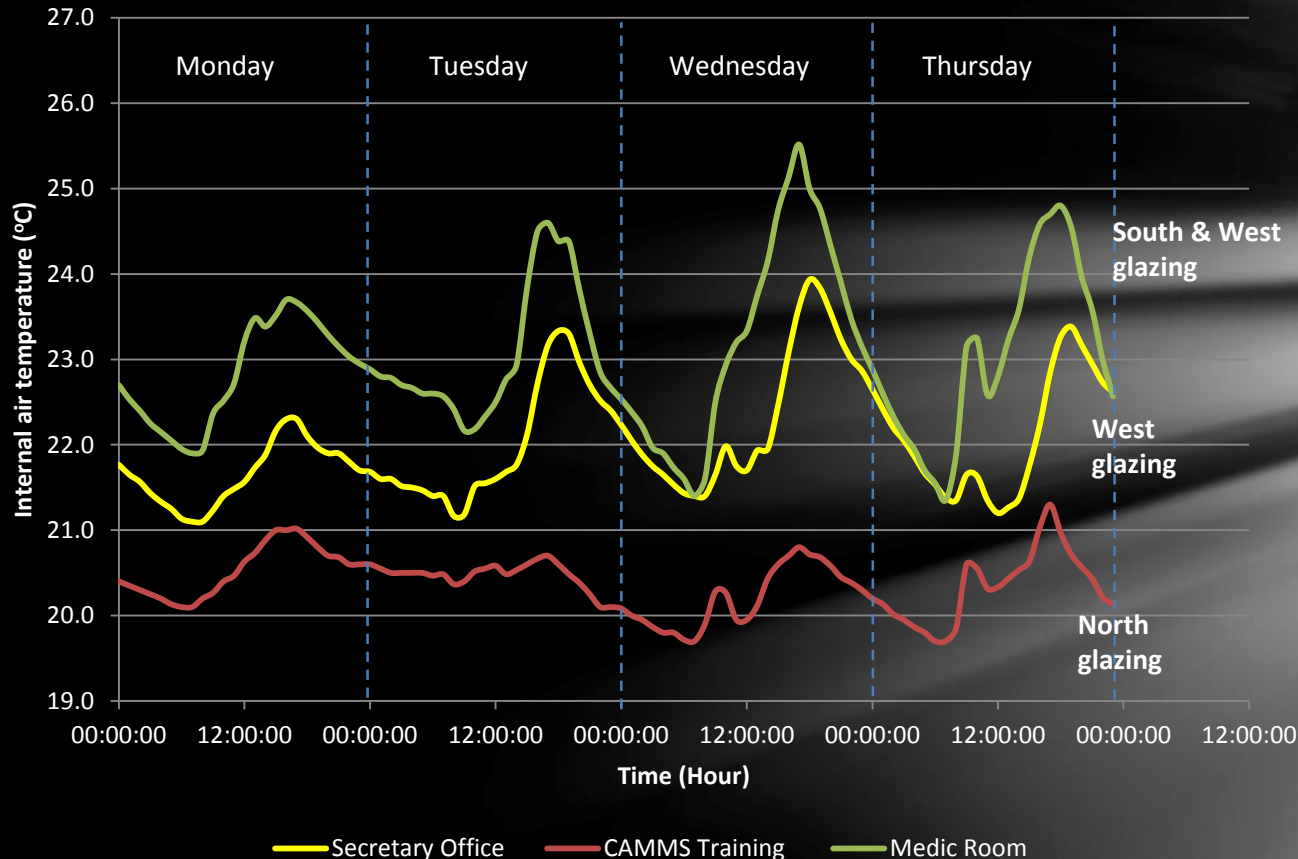
### Summary points

- External surface temperature peaks of 55-60°C (radiation effects very important)
- Evidence of substantial dampening effect in both envelopes – more pronounced in zero2020
- More stable conditions in zero2020 (temp within 2°C)
- Peak internal temperature occurring with time lag
- Analysis of phase shifting necessary in low energy building design



## Initial Environmental Data Findings – Sample 3<sup>rd</sup> - 6<sup>th</sup> Sept '12)

### Internal air temperatures in Zero2020 rooms



### Summary points

- Still variations in temperatures throughout retrofit areas
- Generally acceptable conditions for naturally ventilated space
- North facing room more stabilised profile
- Peak temperature after 4 days warm conditions is 25.5°C
- Internal gains have an increased contribution to the temperature profile in highly insulated, airtight buildings
- Peak internal temperatures occur earlier in south & west facing room



# So, How does zero2020 currently compare to EnerPhit?

Criteria	New build	Retrofit
$Q_H$ Specific Space heat demand	max. 15kWh/(m <sup>2</sup> a)	max. 25kWh/(m <sup>2</sup> a)
Pressurisation test result $n_{50}$	max. 0.6h <sup>-1</sup>	max. 1.0 <sup>-1</sup>
$Q_p$ Entire Specific Primary Energy Demand	max. 120kWh/(m <sup>2</sup> a)	max. 120kWh/(m <sup>2</sup> a) <del><math>1((Q_H - 15kWh/(m^2a)) * 1.2)</math></del>
Frequency of overheating (over 25 degrees)	max. 10%	max. 10%
Water activity of interior surfaces $a_w$		max. 80%

Building Component	Retrofit criteria
External wall	External insulation $U \leq 0.150W/(m^2K)$ Internal insulation $U \leq 0.300W/(m^2K)$
Roof or top floor ceiling	$U \leq 0.120W/(m^2K)$
Windows	$U_{W \text{ installed}} \leq 0.85W/(m^2K)$ $g - 1,6W/(m^2K) \leq U_g$
External door	$U_{D \text{ installed}} \leq 0.80W/(m^2K)$
Thermal bridges	No linear thermal bridges with $\psi > + 0.01W/(m^2K)$ or punctiform thermal bridges with $\chi > + 0.04W/(m^2K)$
Ventilation	$\eta_{v,eff} \geq 75\%$
Electrical efficiency of ventilation system	$\leq 0.45Wh/m^3$

< 25 kWh/m<sup>2</sup>/yr

1.6 (m<sup>3</sup>/h)/m<sup>3</sup>

< 100 kWh/m<sup>2</sup>/yr

< 1%

< 80%

0.10 W/m<sup>2</sup>K

0.09 W/m<sup>2</sup>K

0.89 W/m<sup>2</sup>K

$\Sigma$  0.05 W/m<sup>2</sup>K

'Almost' EnerPhit = 'Almost, Almost' PassivHaus !!!



## Next Steps – zero 2020 timeline

### Phase 1 - Post Handover

- Complete process based lessons learned
- Complete interviews of all parties engaged in project
- commence data collection, data mining & analysis
- Commenced data logging and monitoring of existing building comparative space to provide control data



### Phase 2 – renewable integration

- Collate Data
- Assess Renewable technologies &
- Supplement
- Further analysis





## Lessons Learned

There will be performance gaps

User Behaviour is an important area for uncontrolled energy consumption

Thermal bridging detailing is more important than you think

Inter disciplinary communication can lead to poor performance decisions

Air tightness is critical to energy performance

Post Occupancy Evaluation is critical to continued professional development

More information on:

[www.zero2020energy.ie](http://www.zero2020energy.ie)



CIT Institiúid Teicneolaíochta Chorcaí  
Cork Institute of Technology

Zero2020energy.com


Home Targets Pilot Project Thermography Photo Archive Contact Team

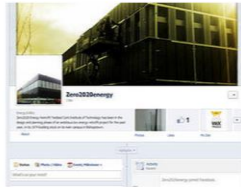
**ZERO 2020 Energy**  
Zero Energy Retrofit 2020 Testbed

Cork Institute of Technology has been in the design and planning phase of an ambitious low energy retrofit project for the past year, in its 1974 building stock on its main campus in Bishopstown.

The Net Zero Energy Retrofit 2020 Testbed project will upgrade approximately 290 sq metres of the existing building with a view to achieving net zero energy by 2020. A net zero energy building produces as much energy as it uses in a year. The methodology is based on minimising consumption and supplementing the balance with renewable energy.


The finished space will house both the Centre for Advanced Manufacturing and Management Systems (CAMMS) and the Medical Engineering Design and Innovation Centre (MEDIC), both Centres with significant external interactions. The project which attracted significant funding from the Department of Education and Skills





Facebook Blog

Time Motion Film



Performance targets /results

"At commissioning stage the unoccupied building currently averages 19-20 degrees internal