# Overheating risk and ventilative cooling in low energy retrofits: a case study at zero2020

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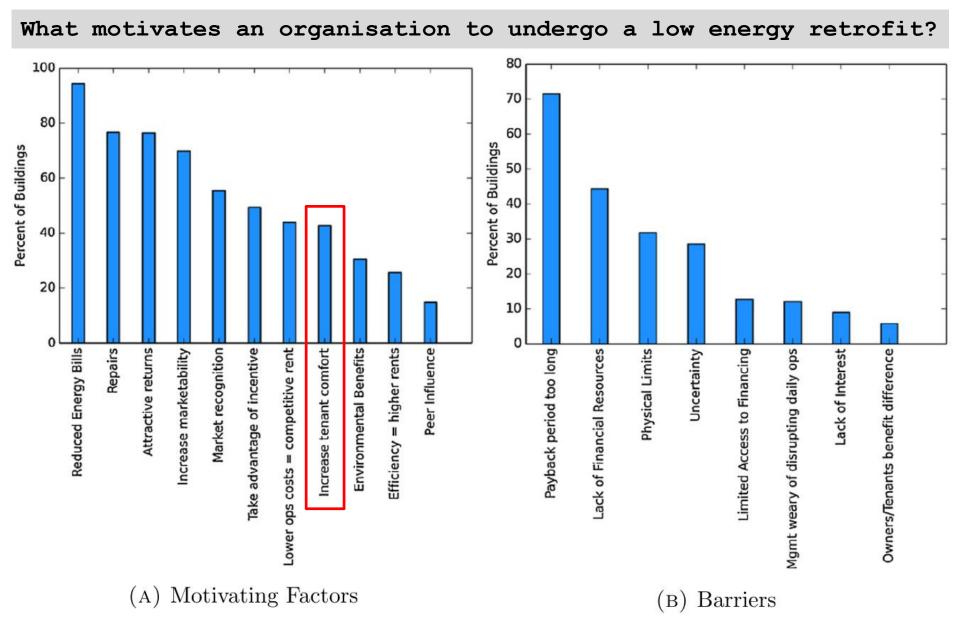




### Agenda

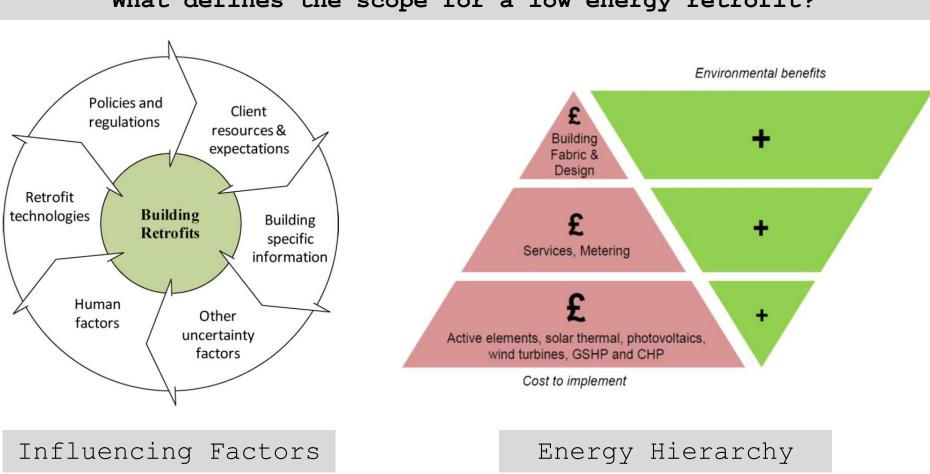
- 1. zero.2020 energy performance
- 2. ventilative cooling
- 3. overheating Risk
- 4. climate cooling potential at zero2020
- 5. what are we learning...

#### nZero.2020 / agenda



Kontokosta, C. E. (2016). Modeling the energy retrofit decision in commercial office buildings. *Energy and Buildings*, 131, 1–20.

#### nZero.2020 / agenda

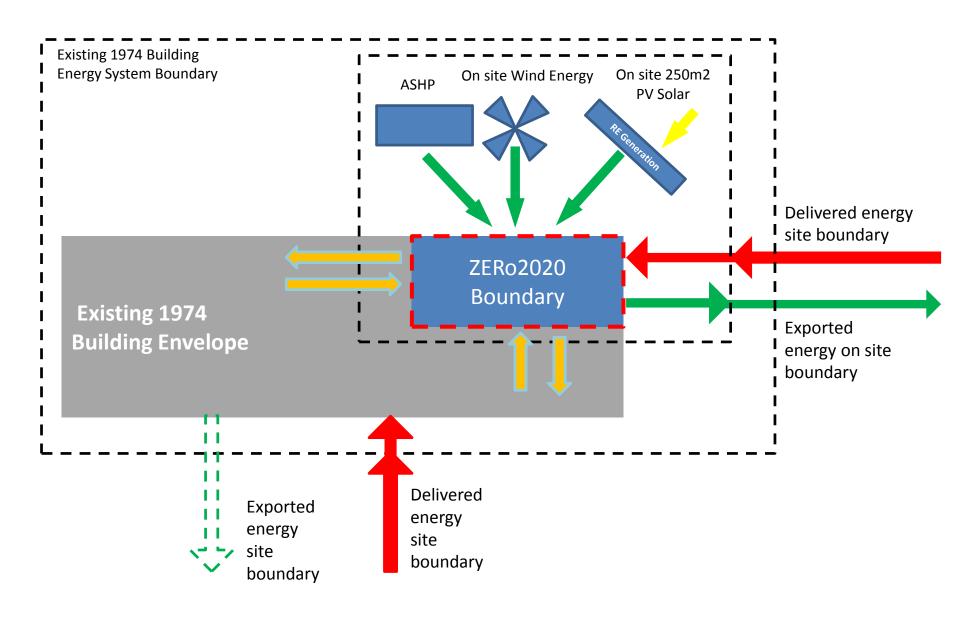


#### What defines the scope for a low energy retrofit?

Ma, Z., Cooper, P., Daly, D., & Ledo, L. (2012). Existing building retrofits: Methodology and state-of-the-art. *Energy and Buildings*, 55, 889–902.



### nZero.2020 / features





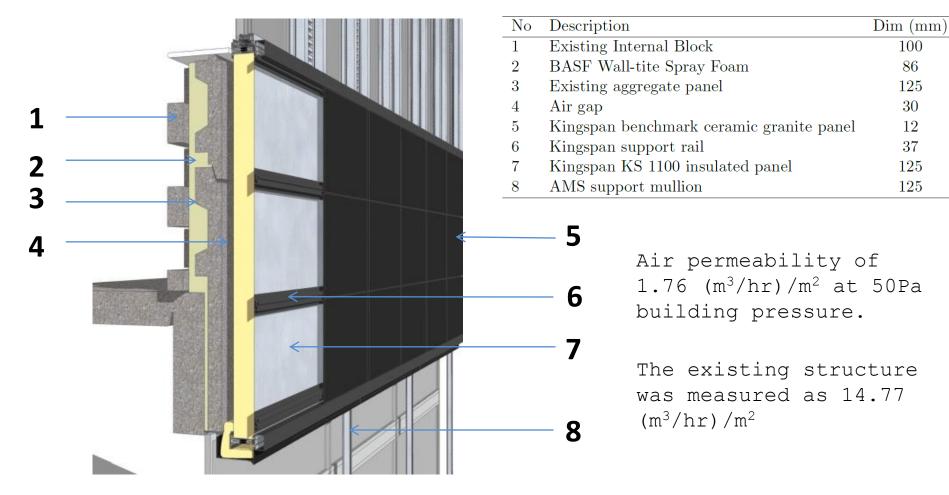








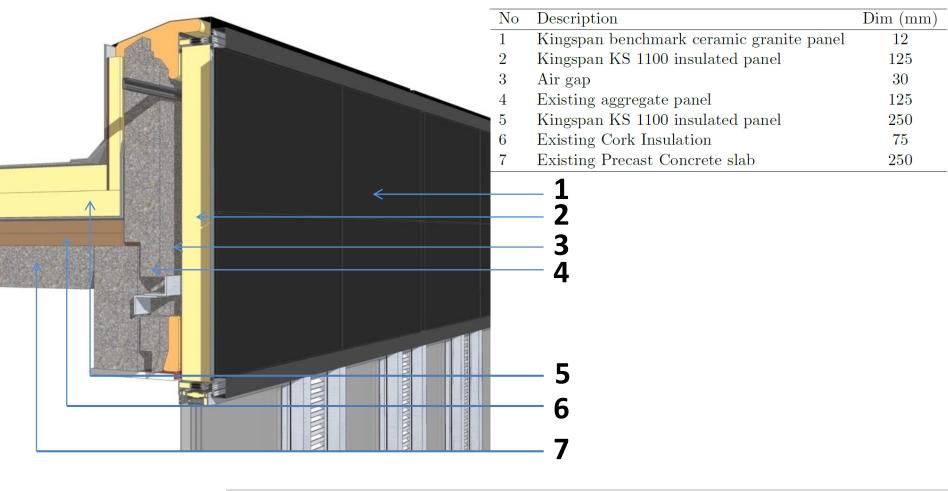




#### Opaque External Envelope Retrofit 95% reduction in thermal transmittance

O'Sullivan, P., Delaney, F., O'Riain, M., Clancy, T., O'Connell, J., & Fallon, D. (2013). Design and Performance of an External Building Envelope Retrofit Solution For a Grid Optimised Concrete Structure: A Case Study. In *IMC30 Conference Proceedings 2013*.





#### External Roof Retrofit 91% reduction in thermal transmittance

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20kWp PV Installation with 1kW wind turbine and Micro Grid







20kW dimplex dual compressor air source heat pump



ventilation openings with insulated doors



wireless Hanwell radio frequency based data logging system

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### zero2020 Energy Performance



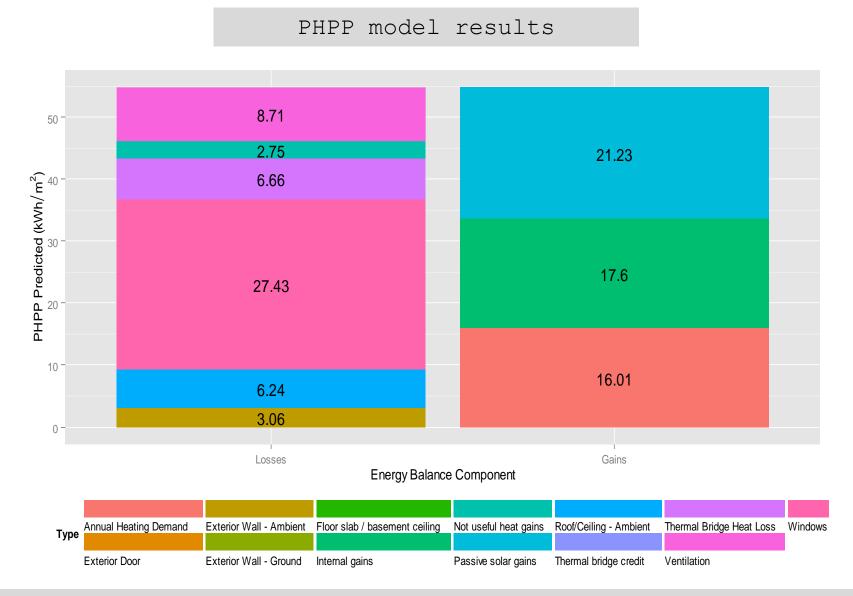
## How does the zero2020 retrofit solution compare with the existing building on an equivalence basis?

Building	Heating (kWh/m²/yr)	Lighting (kWh/m²/yr)	Auxiliary (kWh/m²/yr)	Hot Water (kWh/m²/yr)	Total (kWh/m²/yr)
1974	386.83	46.43	3.24	16.4	452.57
Zero2020	14.25	45.47	1.91	2.51	64.14

96% reduction of heating energy consumption

#### nZero.2020 / PHPP Model Results

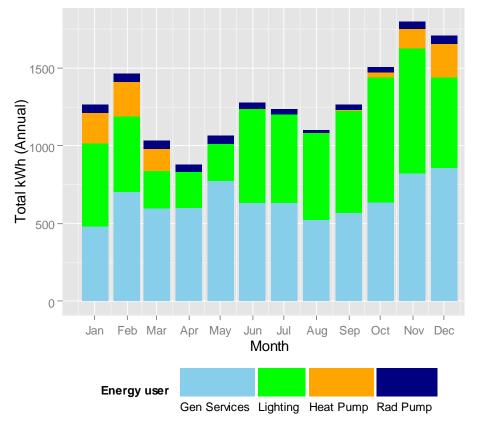




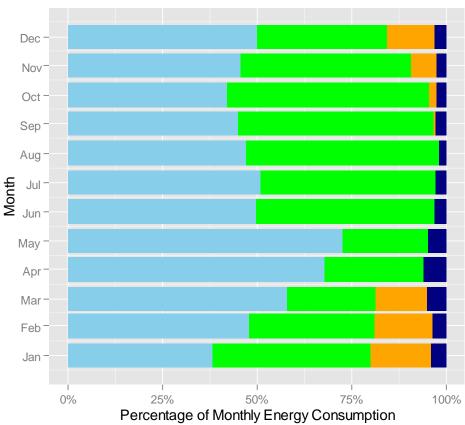
2013 PHPP Delivered Heating Energy = 14.7 kWh/m<sup>2</sup> annual

#### nZero.2020 / Total Energy Consumption

#### 2013 Monthly Totalised Energy Consumption per end use



2013 z2020 Delivered Heating Energy = 13.3  $kWh/m^2$  annual





#### nZero.2020 / Thermophysical Performance



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Component	CIT (1974)	TGDL (2008)	TGDL (2017)	Cost Optimal	<b>Zero2020</b>
Wall U-value (W/m <sup>2</sup> K):	2	0.6	0.21	0.3	0.09
Roof U-value (W/m <sup>2</sup> K):	1.1	0.35	0.20	0.15	0.09
Floor U-value (W/m <sup>2</sup> K):	0.8	0.8	0.21	0.10	0.8
Window U-value (W/m <sup>2</sup> K):	>5	2.2	1.8	1.8	1

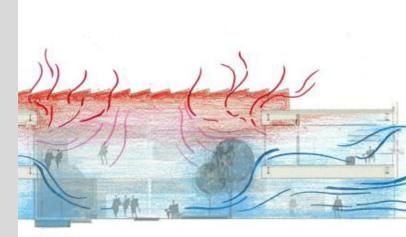


### Can ventilative cooling provide a comfortable environment?

Most modern office buildings use mechanical cooling in moments when an optimized natural ventilation (NV) system could work.

Lower energy consumption could be a driver for increased NV use...but energy costs are one to two orders of magnitude less than rent costs.

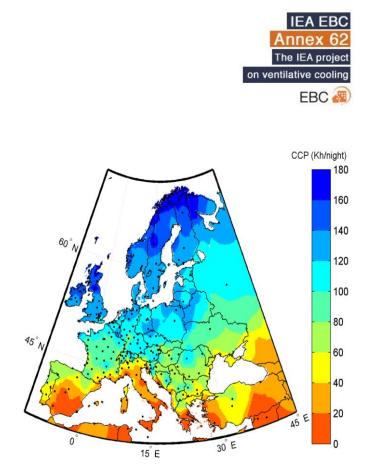
NV needs to impose itself by its capability to improve the work environment and worker productivity as well as its contribution to climate change mitigation.



**Ventilative Cooling** is the application (distribution in time and space) of ventilation air flow to reduce cooling loads in buildings.

Nearly-zero energy buildings have lead to an increased need for cooling - not only in summer but all year.

Elevated temperature levels are the most reported problem in post occupancy studies - even in the "heating season"



Map of mean climatic cooling potential (Kh/night) in July based on Meteonorm data [13].

#### IEA-EBC Annex 62

#### Ventilative Cooling

#### www.venticool.eu

Improve modelling techniques, guidelines, standards to better account for the contribution to minimising cooling demand nzero.2020 is a case study

2 new European standards for ventilative cooling planned





Country	Institution
Austria	IBRI
Belgium	BBRI
	Loeven
China	Hunan
Denmark	AAU
	DTU
	VELUX
	WindowMaster
Finland	FIOH
	SAMK
Germany	RWTH Aachen
Greece	NKUA
Ireland	CIT
Italy	EURAC
	POLIMI
Japan	OSAKA
	Ritsumeikan
Netherlands	Tu/e
	BBA Binnenm.
	TUDelft
Norway	NTNU
Sweden	LTH
Switzerland	ESTIA
UK	Brunel
USA	MIT







#### nZero.2020 / ventilative cooling





Fully integrated factory assembled module

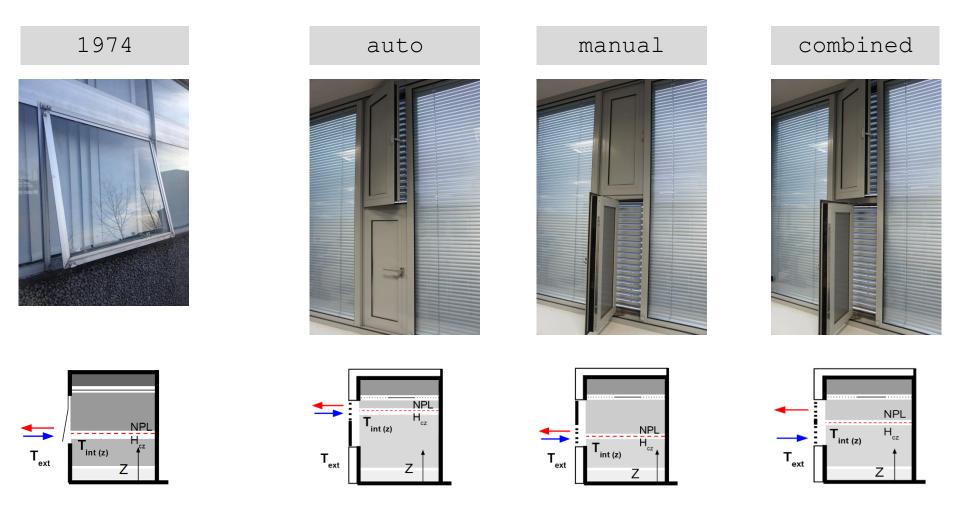
Quadruple glazed unit c/w sealed triple glazed Argon filled system/ manual interstitial blinds / inner clear float pane

Integrated insulated
ventilation doors low
level occupancy controlled
& high level BMS automated

Free-running indoor temperature as no HVAC system is used



#### Manual & Automated Ventilation Configurations



O'Sullivan, P. D., & Kolokotroni, M. (2014). Time-averaged Single Sided Ventilation Rates and Thermal Environment in Cooling Mode for a Low Energy Retrofit Envelope. *International Journal of Ventilation*, 13(2), 153–168.



### Indoor Temperature & Overheating Risk

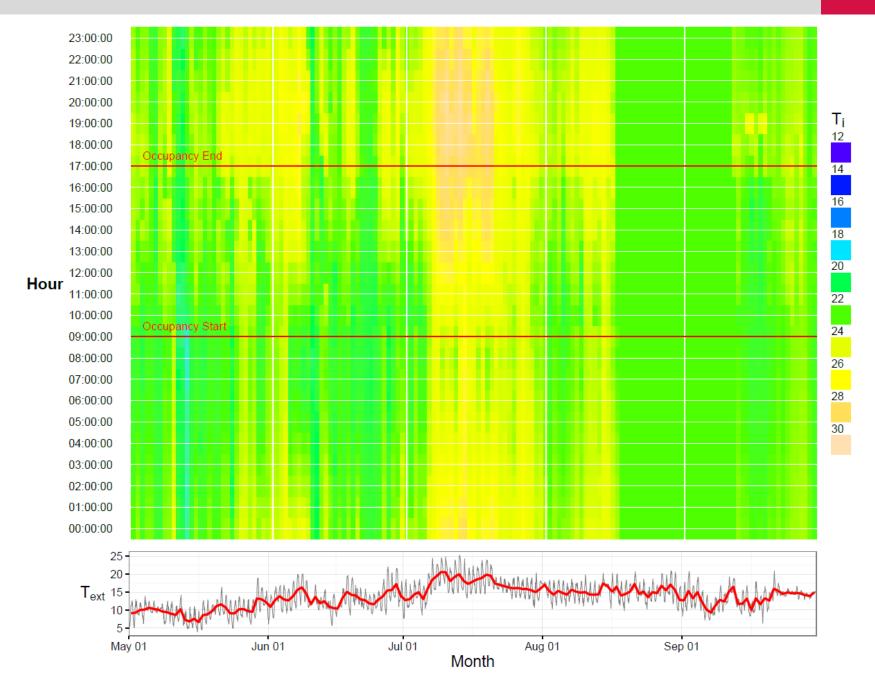
Traditionally the criteria to assess overheating risk was a static threshold:

% of occupied hours equal to or above a certain threshold value:

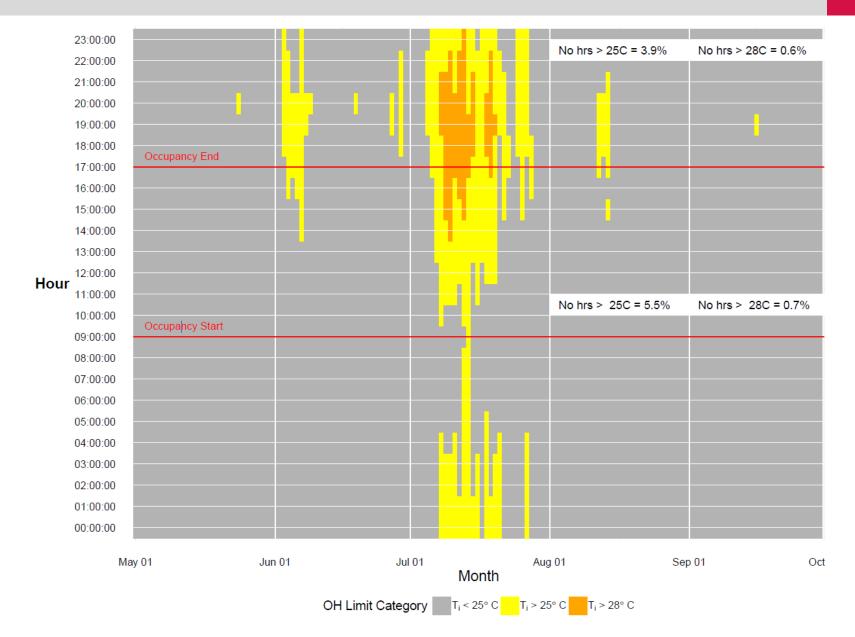
- CIBSE: 5% > 25°C
- BRE: 1% > 28°C

Nicol, F., & Spires, B. (2013). CIBSE TM52: The Limits of Thermal Comfort. CIBSE. London.

#### nZero.2020 / Overheating risk - summer 2013



#### nZero.2020 / Overheating risk - summer 2013





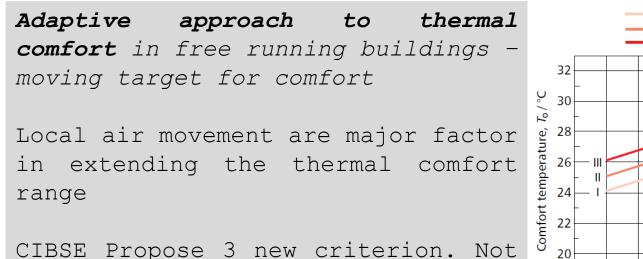
#### nZero.2020 / Overheating risk



I lower limit

II lower limit

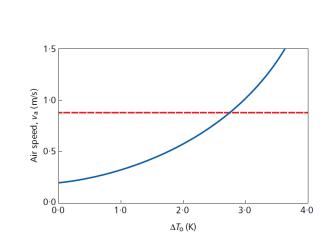
III lower limit



just static % hours exceedance

#### Criterion 1:

The Number of Hours that the operative temperature can exceed the threshold comfort temperature by 1K or more during occupied hours of a typical non heating season shall not be more than 3% of occupied hours.



l upper limit

Il upper limit

III upper limit

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16

18

Running mean outdoor temperature,  $T_{\rm rm}$  / °C

20

22

24

26

28 30

14

18

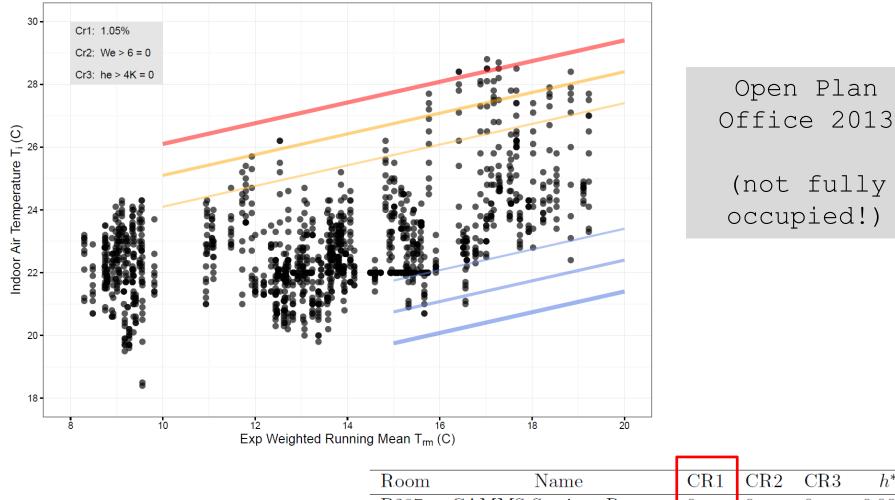
8

10

12

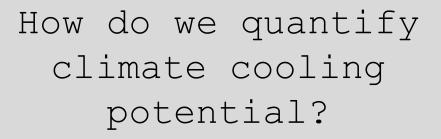
NSAI. (2007). *ISEN 15251:2007 - Indoor Environmental Input Parameters for design and Assessment of Energy performance of Buildings addressing Indoor Air*. Nicol, F., & Spires, B. (2013). CIBSE TM52: The Limits of Thermal Comfort. CIBSE. London.

#### nZero.2020 / Overheating risk



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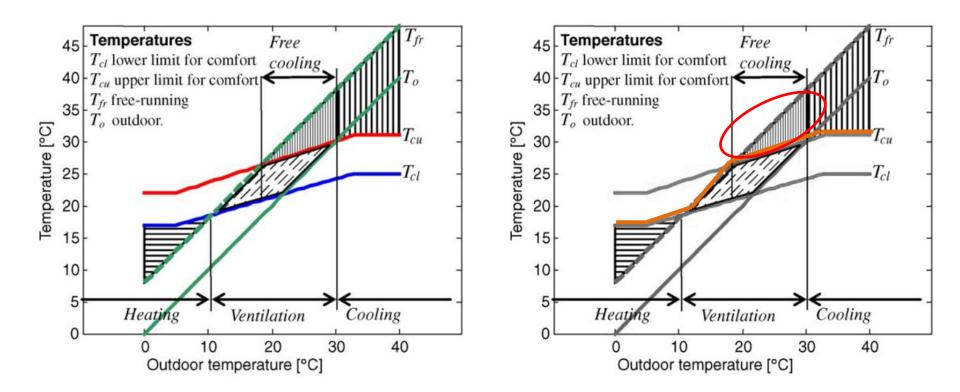
Room	Name	CR1	CR2	CR3	$h^*$
B287	CAMMS Seminar Room	0	0	0	0.0000
B289	Conference Room	0.6	0	0	0.0050
B290	CAMMS Secretary Office	0.2	1	2	0.0020
B291	CAMMS Managers Office	0	0	0	0.0006
B294	MeSSO Open Plan Office	1.05	0	0	0.9800



Need to consider the relationship between:

- Free running building temperature
- Outdoor temperature
- Comfort limits

Free cooling available - especially in mild climates



Ghiaus, C., & Allard, F. (2006). Potential for free-cooling by ventilation. *Solar Energy*, *80*(4), 402–413.

- How often is this cooling potential available?
- When is Ventilative Cooling needed?
- What is the required flowrate?

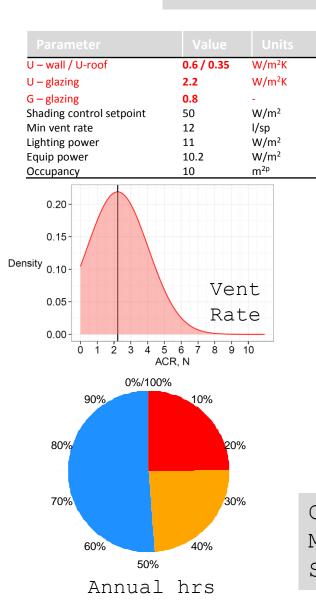
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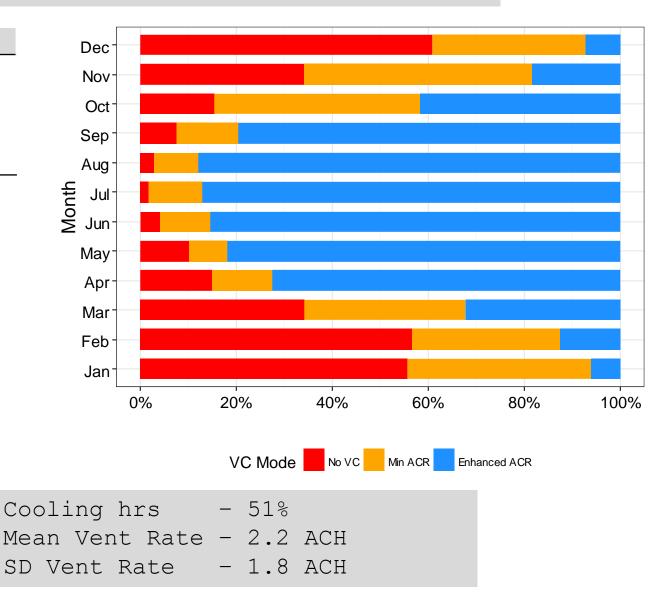
Mode	Description	Vent Rate	Code
0	Outdoor temperature is below the balance point temperature - heating mode	Min IAQ	Red
1	When outdoor temperature exceeds balance point temperature - cooling mode; minimum required IAQ rate can provide cooling requirements	Min IAQ	Amber
2	Cooling mode; Enhanced ventilation is needed to satisfy the comfort temperature requirements	Enhanced VC	Blue





### CCP - Part L 2008

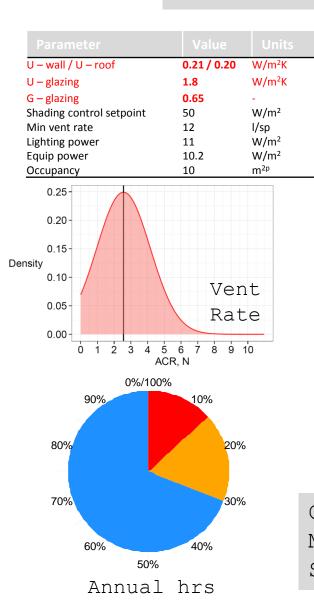


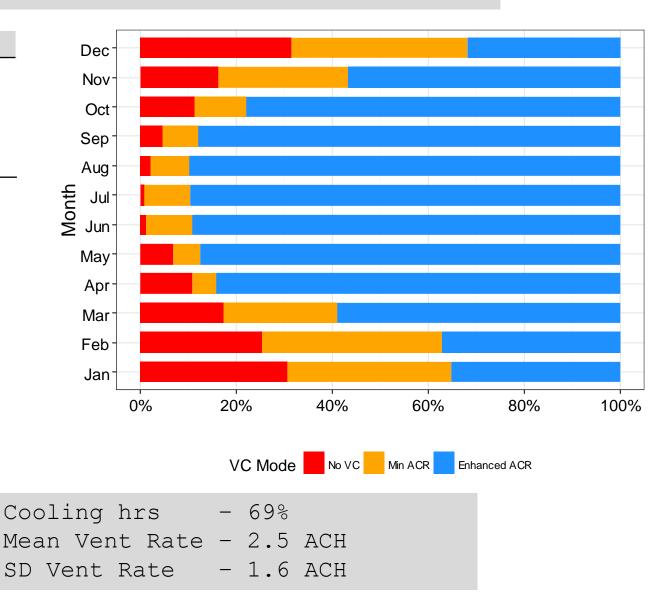


#### Climate cooling potential - todays climate



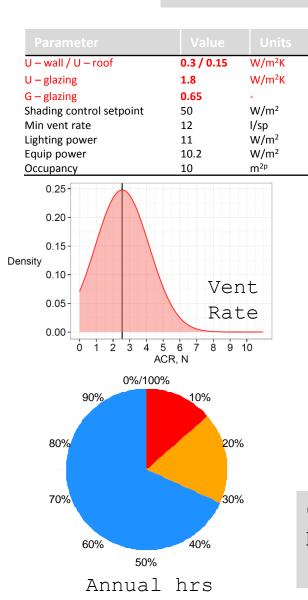
### CCP - Part L 2017

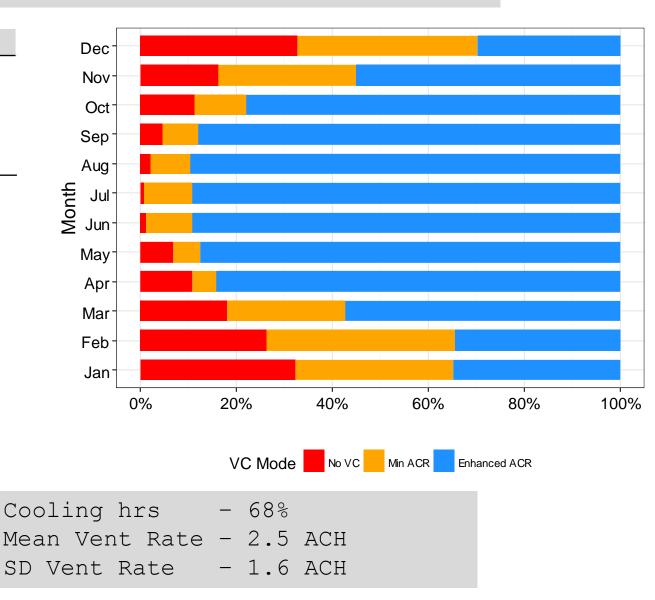






### CCP - Proposed Cost Optimal

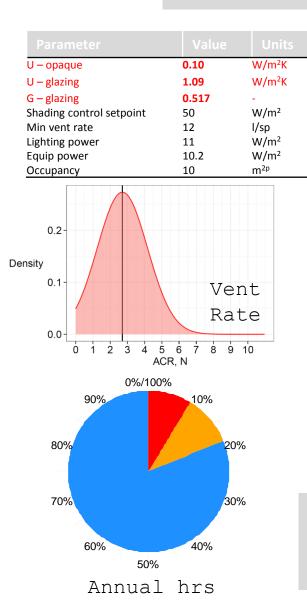


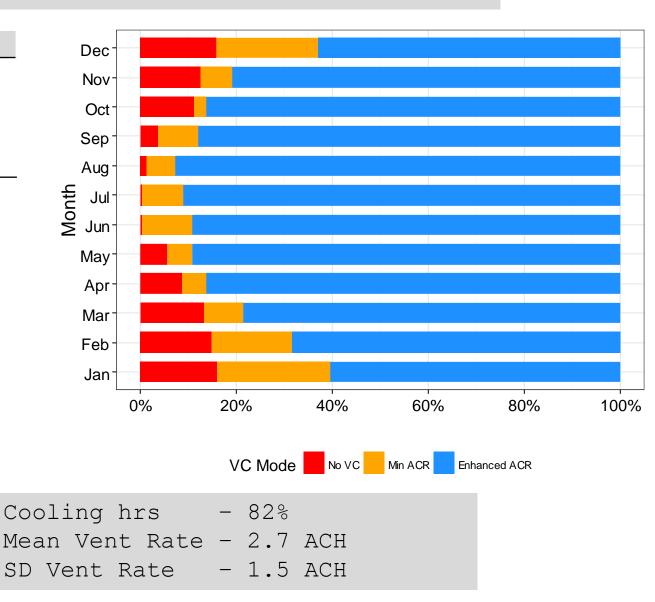


#### Climate cooling potential - todays climate



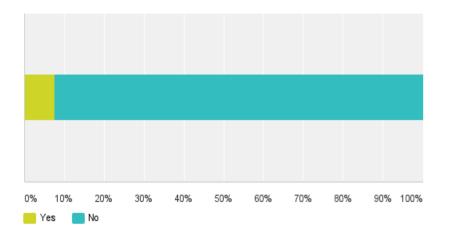
### CCP - zero2020



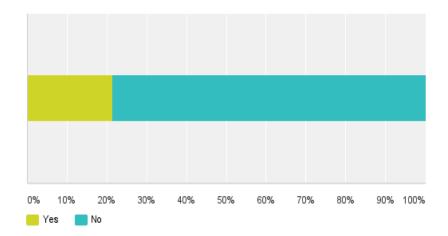


If you could move to a workspace with air conditioning but no openable windows, would you?

Cork County Hall thermal comfort occupant survey 2014 - 110 respondents



UCC WGB thermal comfort occupant survey 2014 - 40 respondents



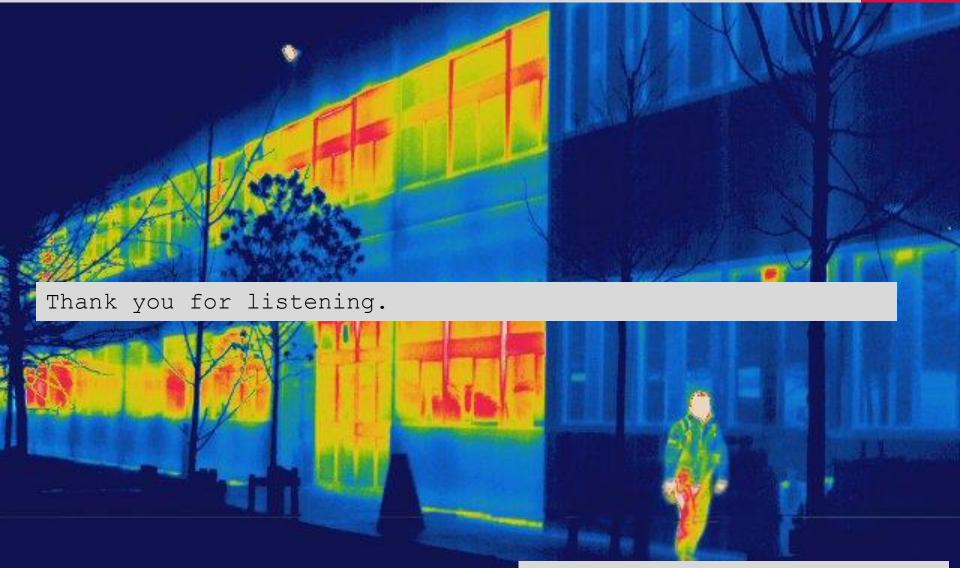


### What are we learning?

- More data showing people like natural ventilation & openable windows
- Low-energy can mean comfortable but adaptive approach important (free running buildings)
- Overheating will be an issue in low energy retrofits depending on level of upgrade even with night cooling
- Cooling needs are increasing with new and refurbished buildings and cooling season is extending
- Good climate cooling potential exists in Ireland and can offset cooling energy loads (100% in some cases)
- Good component design needed to ensure required ventilation rates are achieved

#### nZero.2020 / MeSSO Research



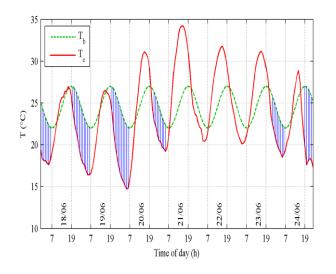


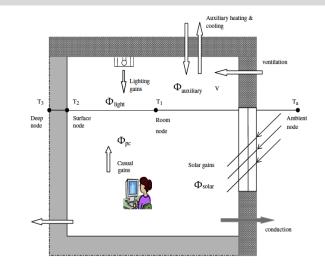
http://messo.cit.ie/nbert

www.zero2020energy.com

Availability of energy for cooling from untreated outdoor air is dependant on:

- the threshold comfort temperature (standards)
- the outdoor temperature (climate)
- Solar irradiation (climate)
- Ventilation rate (openings)
- Building thermophysical properties (u-values etc)
- Building usage patterns (people, pc's, etc)





#### nZero.2020 / Ventilative Cooling



#### Thermal Comfort Study 05.2015 / 35 participants / 4 configurations



Config.	MTSV	PDper	<b>PD</b> <sub>pref</sub>	$PD_{f}$	ISO 7730	EN 15251	ASHRAE 55
RS-01	1.3	46%	46%	40%	-	IV	Unacceptable
RS-02	-0.5	20%	6%	10%	С	III	Acceptable
RS-03	-0.4	14%	3%	8%	В	II	Acceptable
RS-04	-1.1	34%	17%	29%	-	IV	Unacceptable